



Prayerfully reading the bible



Below is a simple method for prayerfully reading the bible. The invitation this week is to spend 15 - 20 minutes during the week with the Sunday gospel reading (either using the method below or your own way of reading and praying with the bible).

1. Listening for Christ the Word

Reading: read the passage slowly noting the word or phrase that attracts you

Silence: for two minutes reflect on the word or phrase that has attracted you

Pray: speak to God about what you have heard

2. How Christ the Word Speaks to me

Second Reading: read the passage slowly again

Silence: for two minutes reflect on how does the content of the passage touch my life today?

Pray: speak to God about what you see or hear in the passage

3. What Christ the Word is inviting me to do

Third Reading: read the passage slowly again

Silence: for two minutes reflect on I believe God wants me to.....today

Pray: speak to God about your answer to the above

You may wish to keep a journal of your prayers and reflections.

Reading and sharing with others

The above method can easily be adapted if a few people want to read and share together. In this case the pray section can be replaced with a Share section where each person is given the opportunity to say briefly what has struck them in their silent reflection or pass if they do not wish to share. In a group setting it is possible for the passage to be read aloud by different people. Praying together silently or out loud for each other can act as a conclusion to the time together and or saying the Lord's Prayer and Grace.