



**Sunday 30<sup>th</sup> July 2023**

**Eighth Sunday after Trinity**

**Susheela Raman: 'William Blake: Poem's & Songs Concert' at Holy Trinity Church, Torbryan next Sunday 6<sup>th</sup> August at 6.30pm.** Susheela Raman's musical journey has taken her South Indian voice into Tamil-jazz, Pakistani Gawali and Indonesian Gamelan. Her exploration of artist and poet William Blake's work goes beyond 'Jerusalem' into his mysterious Prophetic Books. She is joined by long-time collaborator Sam Mills on guitar and Chris Gilchrist as reciter. [www.susheelaraman.com](http://www.susheelaraman.com)

**'Coffee Mates – Men of Denbury (and friends)' next takes place at Church Cottage, East Street, Denbury, on Wednesday 9<sup>th</sup> August at 10.30am.** Treat it as a coffee shop. Bring your newspaper/book or do the crossword. This is a regular monthly coffee morning in Denbury which takes place on the 2<sup>nd</sup> Wednesday of each month. All Welcome!

**'Coffee & Chat!' At St Andrew's Church, Ippelepen, next takes place on Saturday 12<sup>th</sup> August from 10.30am to 12 noon (ish).** Everyone is welcome to this regular coffee morning held on at second Saturday of each month in St Andrew's Church, Ippelepen. There is no charge, donations only.

**Denbury celebrates "Mary Day" on Tuesday 15<sup>th</sup> August starting at 3pm.** Join us for an afternoon of fun including art and craft activities. At 5pm there'll be a short thanksgiving Service with readings and music which will be followed by a BBQ starting at 5:15pm. Come for all or part of the afternoon. For catering purposes if you are planning to come to the BBQ please contact [tessaamies@gmail.com](mailto:tessaamies@gmail.com) / (01803) 813993 or [rachelbelringer@gmail.com](mailto:rachelbelringer@gmail.com) / (01803) 812529. This is a free event (although donations always gratefully received!) and all are very welcome.

**Denbury's Festival of Flowers: A wonderful PS to my previous thank you note.** The figures have been crunched, and the net result of the Festival Weekend is...drum roll...**£6,730!!!** It's a truly amazing result, but what was remarked on by visitors - almost as much as the glorious displays - was the welcome and the community spirit on display. Those of you who were able to come to the finishing Thanksgiving Service (like an end of term assembly!) can attest to this. The visitors had gone home. This was a celebration of Denbury! Once again – thank you!

**Dates for your diary... St Andrew's Outside in the Church Field. Sunday September 10<sup>th</sup> at 5pm and Sunday 12<sup>th</sup> November at 4pm.** We are looking for volunteers to commit to being on the Team for one event. Please speak with me / email: [lesleymawson0@gmail.com](mailto:lesleymawson0@gmail.com) or connect via the Office if you would like to chat about the event. It is a lot of fun! WANTED: 2 large frying pans for cooking sausages etc on the firepit. Please make contact if you have any that are surplus. Thank you. Lesley.

| Readings                            | This week                      | Next week                           |
|-------------------------------------|--------------------------------|-------------------------------------|
| <b>Readings for this Sunday:</b>    | 1st Reading 1 Kings 3:5-12     | Daniel 8:26-End                     |
|                                     | Psalm 119:129-136              | 97                                  |
|                                     | 2nd Reading Romans 8:26-End    | 2 Peter 1:16-19                     |
|                                     | Gospel Matthew 13:31-33, 44-52 | Luke 9:28-36                        |
| <b>Readings for the week ahead:</b> |                                |                                     |
| Mon 31 <sup>st</sup>                | Matt 13:31-35                  | Thurs 3 <sup>rd</sup> Matt 13:47-53 |
| Tue 1 <sup>st</sup>                 | Matt 13:36-43                  | Fri 4 <sup>th</sup> Matt 13:54-End  |
| Wed 2 <sup>nd</sup>                 | Matt 13:44-46                  | Sat 5 <sup>th</sup> John 14:1-12    |

Readings can be viewed/downloaded from <https://bible.oremus.org/>

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Notice Sheet\_ Sunday\_30th July 2023

**Today - Sunday 30<sup>th</sup> July**

10.00 am Mission Community Service - Ss Peter and Paul, Broadhempston

**Morning Prayer**

There will be no Morning Prayer throughout August. Morning Prayer will resume in September.

**Reflection**

All our churches are open for private prayer and reflection from approximately 9am to 5pm each day.

**Mid-Week**

Andrew will be off work on Thursday and Fridays for the month of August.

Denbury will hold their mid-week Communion on Wednesdays instead of Thursdays during August.

|           |          |                |                               |                               |
|-----------|----------|----------------|-------------------------------|-------------------------------|
| Monday    | 3pm-5pm  | 'T-Pot'        | - Church Cottage, Denbury     |                               |
| Tuesday   | 10.15 am | Holy Communion | - St Andrew's, Ippelepen      |                               |
| Wednesday | 10.15 am | Holy Communion | - St Mary the Virgin, Denbury |                               |
|           |          | 7.30 pm        | Bellringing Practice          | - St Mary the Virgin, Denbury |
|           |          | 7.30 pm        | Bellringing Practice          | - St Andrew's, Ippelepen      |
| Saturday  | 10.00 am | Coffee Morning | - The Parish Rooms, Woodland  |                               |

**Next Sunday 6<sup>th</sup> August – Transfiguration of Our Lord**

|          |   |                                 |
|----------|---|---------------------------------|
| 9.30 am  | Holy Communion                            | - St John the Baptist, Woodland |
| 9.30 am  | Celtic Morning Prayer                     | - St Mary the Virgin, Denbury   |
| 11.00 am | Holy Communion with Children's Activities | - St Andrew's, Ippelepen        |
| 4.30 pm  | Reflective Evening Prayer                 | - Holy Trinity, Torbryan        |
| 6.30 pm  | 'Susheela Raman: Poems & Songs' Concert   | - Holy Trinity, Torbryan        |

**Points of Prayer:** As schools have broken up for the summer we pray for all those who are travelling, may they have safe journeys and enjoy a time of rest, recreation and refreshment. We also pray for those who find the school holidays a time filled with worry about the rising cost of childcare and the extra costs associated with children not being in school.

**In Memory:** Percy James Collings and Jean Ellen Squires.

**'Monday T-Pot' takes place at Church Cottage, East Street, Denbury, this Monday 31<sup>st</sup> July from 3pm to 5pm.** This is a regular weekly coffee afternoon in Denbury. All Welcome!

**Please note that the 'Food For Thought – Lunch Club' At St Andrew's Church Hall, Ippelepen, will not take place in August. It will next take place on Wednesday 6<sup>th</sup> September at 12 noon.** All welcome – To book a place please contact Maria Alsop on 01803 813110

**'Coffee Morning in Woodland' next takes place this Saturday 5<sup>th</sup> August from 10am to 12 noon at The Parish Rooms, Woodland.** This is a regular monthly coffee morning in Morning in Woodland which takes place on the first Saturday of each month. All Welcome!

**Reflective Evening Prayer at Holy Trinity Church, Torbryan next Sunday 6<sup>th</sup> August at 4.30pm.** The Theme for this month's Reflective Service is: 'Meditation, Silence and Christian Mysticism' with Guest Speaker Brijji Waterfield. Brijji Waterfield is a spiritual director, leads retreats and has had a life-long interest in meditation and the Christian mystical tradition. Please join us. All are welcome.



## Reflection by Rev'd Andrew Down

Eighth Sunday after Trinity  
30<sup>th</sup> July 2023

During August we are having one notice sheet for the entire month and a break from these reflections (reflections will be picked up again in September). I thought that for this last reflection before the break I would say something about St Mary whose Feast falls in the middle of this time on 15th August. She is certainly a Saint for our time: trust and treasuring, tension and turmoil mark her journey.

### Mary – A life of total commitment

1. *Before Jesus was born there was much **TRUST** from her* – We see this in The Annunciation and her Visit to Elisabeth
2. *At the birth of Jesus and beyond we see Mary **TREASURING*** - This was key at The Nativity and Presentation in the temple
3. *Life as a mum involved much **TENSION*** –There was The Flight to Egypt (Jesus aged 2), Jesus being lost in the temple (Jesus age 12) and Jesus' first miracle at the Wedding at Cana (Jesus aged 30)
4. *And then in Jesus' death and resurrection she would have experienced profound **TURMOIL*** - She was there at the cross and then witnessing the resurrection in that upper room and beyond.

So how might she have relayed the events of her life I wonder? What would she say? Maybe something like this:

*'He wasn't exactly..... planned you know. But I was very lucky. I had good family. Elizabeth, my cousin was fantastic. She kept me going and helped me to trust that everything was going to be alright.*

*When he eventually came, he was a little treasure. We hadn't exactly got the room ready mind you! Like all parents I guess we were tired most of the time, we didn't really know what we were doing and we often wondered if it was really sensible to trust us with such treasure. But it was amazing how such treasure draws people. All sorts of surprising and unexpected people... and they seemed to be able to see things we couldn't. I treasured those people and their words when everything was getting just too much.*

*We didn't have it easy at the beginning mind you. We weren't safe and had to find a home elsewhere. It's no fun being a refugee looking for a home but we did find good people and friends and thankfully we were eventually able to return home.*

*Did I ever tell you about the time we lost him at a festival? Not our finest parenting hour! We were actually on our way home when we realised he wasn't with us – he had been camping with some friends for the first time. When we got back to the festival site we looked everywhere – in food tents, around the stalls, the music stages and then we found him. Sitting teaching with a crowd around him – in his element! I was so angry with myself, with Joseph and with him but such relief. Amazingly he was doing what he went on to do... to teach. Who knew!*

*We have not always seen eye to eye. There was tension. I remember the time we were at a wedding and there was a problem with the wine. I knew he would know what to do so I told the person in charge – oh that look he gave me, and his sharp tongue, I wanted the ground to swallow me up. It's hard to let go when your babies are all grown up.*

*I did learn that lesson though. I had to watch and stand there as they did what they did to him.... makes me shudder just to think about it... my soul in turmoil, I can feel now the stabbing in my heart...the worst day of my life. But who would have thought that would be the making of him and all the amazing things he has done since ... and with you. That's my boy!'*

