



Sunday 5th February 2023

Third Sunday before Lent

Today - Sunday 5th February – Third Sunday Before Lent

9.30 am	Holy Communion	- St John the Baptist, Woodland
9.30 am	Celtic Morning Prayer	- St Mary the Virgin, Denbury
11.00 am	Holy Communion with Children's Activities	- St Andrew's, Ipplepen
4.30 pm	Reflective Evening Prayer	- Holy Trinity, Torbryan

Morning Prayer

This week morning prayer will be said at the following times:

Tuesday	9.15 am	- St Andrew's Ipplepen
Wednesday	9.15 am	- Online Via Zoom (for the zoom password email rev.andrewdown@gmail.com)
Thursday	9.15 am	- St Mary the Virgin, Denbury
Friday	9.15 am	- Ss Peter and Paul, Broadhempston (A time of silent prayer and meditation)

Reflection

All our churches are open for private prayer and reflection throughout the week from approximately 9am to 5pm each day.

Mid-Week

Rev'd Andrew Down - Day off on Mondays.

Monday	3pm-5pm	'T-Pot'	- Church Cottage, Denbury
	7.30 pm	Bellringing Practice	- Ss Peter and Paul, Broadhempston
Tuesday	10.15 am	Holy Communion	- St Andrew's, Ipplepen
	12 noon	Funeral Service for Ron Paston	- Torquay Crematorium
Wednesday	10.30 am	Coffee Mates	- Church Cottage, Denbury
	7.00 pm	Bellringing Practice	- St Mary the Virgin, Denbury
	7.30 pm	Bellringing Practice	- St Andrew's Ipplepen
Thursday	10.15 am	Holy Communion	- Church Cottage, Denbury
	1.30 pm	Funeral and Burial Service of Ann Hockin Higby	- St Andrew's, Ipplepen

Next Sunday 12th February – Second Sunday Before Lent

9.30 am	Holy Communion	- St Mary the Virgin, Denbury
11.00 am	Holy Communion With Children's Activities	- Ss Peter and Paul, Broadhempston
11.00 am	Celtic Morning Prayer	- St Andrew's, Ipplepen

Points of Prayer: We pray for those places where conflict makes it almost impossible to live in love with neighbours, even though without such love, there seems no peaceful end in sight. We pray that your love and light will flow freely in and through us so that it might be seen by those around us.

In Memory: Ian House, Frank Petty, Arthur Guppy, Jenny Buckle, Peter Byrom, Ann Hockin Higby, Mary Cleave, Derek Reed, John Harris, Ron Paston, Margaret Maddicott and Vernon Kerslake.

Service at Holy Trinity Torbryan on Sunday 5th February at 4.30pm These candlelit reflective services at Torbryan continue to provide an important space to gather and be together in this beautiful and historic church building. You are invited to bring a candle to be blessed at this service.

Beetle Drive. Friday 10th Feb, 6pm, in Denbury Village Hall. Reserve your tickets in advance (for catering purposes) from Irene (imwdavey@gmail.com 07767 771 590)

Lent Extra Through its daily reflections and thought-provoking articles, 'Lent Extra 2023' is your essential guide to Lent and beyond. If you would like to order a copy of this book through the office at the cost of £2.25 please sign up on the sign-up list in our churches by Sunday 12th February 2023.

The book of Forgiving by Desmond and Mpho Tutu. During Lent this year, we are encouraging as many people as possible to read 'The Book of Forgiving'. If you would like to order a copy of this book through the office at the cost of £8.99 please sign up on the sign-up list in our churches by Sunday 19th February 2023.

'Coffee Time!' At St Andrew's Church on Saturday 11th March from 10.30am to 12 noon (ish).

Everyone is welcome to the first 'Coffee Time!' on Saturday 11th March. There is no charge, donations only. We are hoping that you will come and enjoy a cup of delicious fresh coffee and tea and a piece of cake or biscuit. Bring friends and enjoy the space in our historic building. The coffee morning will be held on the 2nd Saturday of each month from March 2023.

Dr Paul Russell, Churchwarden from Broadhempston, is running the London Marathon for Compassion UK, a Christian charity, supporting children in extreme poverty. Please read his article in The February and March 2023 edition of The Beacon Magazine.

<https://challenges.compassionuk.org/profile/4850/paul-russell>

Beacon Parishes Lent Reading 2023 - Time to get the book! During lent this year we are encouraging as many people as possible to read The Book of Forgiving by Desmond & Mpho Tutu. To assist this, we will use the weekly notice sheet to ask questions to prompt reflection on what we are reading. For those who wish we, will also offer a weekly group where you discuss the book.

February Prayer Diary. Every month The Diocese of Exeter produce a prayer diary with daily intercessory prayers for local communities. The February Prayer Diary has just been uploaded to their website: <https://exeter.anglican.org/prayer-diary/>

Readings	This week	Next week
Readings for this Sunday:		
1st Reading	Isaiah 58:1-9a, 9b-12	Genesis 1:1-2.3
	Psalms 112:1-9	136:1-9, 23-End
2nd Reading	1 Corinthians 2:1-121	Romans 8:18-25
Gospel	Matthew 5:13-20	Matthew 6:25-End
Readings for the week ahead:		
Mon 6 th	Mark 6:53-End	Thurs 9 th Mark 7:24-30
Tue 7 th	Mark 7:1-13	Fri 10 th Mark 7:31-End
Wed 8 th	Matt 7:14-23	Sat 11 th Mark 8:1-10

Readings can be viewed/downloaded from <https://bible.oremus.org/>

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Office hours: Mon, Tues, Wed and Fri: 12 noon to 3pm. Thurs: 11am to 3pm

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Facebook pages: www.facebook.com/StAndrewsIpplepen/

www.facebook.com/denburyworship

www.facebook.com/Broad20/



Reflection by Hillarie Griggs

Third Sunday before Lent
Matthew 5:13-20
5th February 2023

In this passage Jesus tells his followers that they *are* the light of the world. Notice that the emphasis is not on becoming something or having to do something but that they are already the light.

Living in this country and in this century we have forgotten what it was like when people were dependent on daylight to see things. We are now able to flick a switch and get instant light to enable us to see as clearly as on a bright summer's day. The small oil lamps around at the time of Jesus were very important to every household. At night they were one of the only sources of light. A small lamp placed in the right position could illuminate a whole room. Jesus is telling his followers that it is through them and how they act that God's kingdom can be seen. They are the people who shine a light on the injustices of the world and work to bring about change. He expects his followers to act in a way that makes a difference to the lives of others.

He then tells them that their faith has not to be hidden but like a city on a hill it is meant to be seen from far and wide and found even on the darkest of nights. During the time of Christ, the walls around a city were often made from white limestone, which would be easy to see, even on a dim night. So, like the lights of a city which shine out into the world we must radiate our faith out into the world.

He reminds his audience that nobody would put a bushel basket over the top of a lamp. This large basket may not extinguish it but the amount of light that escape through the cracks make it virtually ineffective. The lamp does not magically find itself under the bushel, it has been placed there by someone. What is the basket you cover yourself with that prevents you sharing your faith with others, pointing out injustices and loving your neighbour? The fear of what others may think or say about you? The fear of looking different to those around you? A sense of unworthiness or inadequacy?

Jesus intends each of us to be a light, some may appear smaller and some larger, but all should be shining brightly. Imagine if every Christian had his/her light turned on, all those hundreds, thousands, millions of people shining a light on injustice and working to bring about God's Kingdom on earth. What a very different world we would live in.

Maybe we should remember the words of the gospel song "this little light of mine I'm gonna let it shine" when we feel our bushel basket beginning to cover our light.

