



### Notices:

#### Mental Health

The effects of mental health are huge and given these challenging times we are living in with coronavirus, it is more important than ever that we take steps to support good mental health. To this end a series of mental health reflections written by Professor Chris Cook and accompanied by 'have a go habits' developed by Ruth Rice has been produced by the Church of England and can be found at <https://www.churchofengland.org/faith-action/mental-health-resources/supporting-good-mental-health>

#### In memory

We keep in our prayers Jean Woodward and Sylvia Taylor.

#### For prayer

The Archbishops of Canterbury and York and the Bishop of London are encouraging us to make November a month of prayer for the nation, to pause for prayer at 6pm each day.

#### Diocese/Deanery

##### Launch of Living in Love and Faith

Last week we held an online study day for clergy to learn more about the new [Living in Love and Faith](#) resources looking at questions of identity, sexuality, relationships and marriage. The resources are available for anyone to use and include a book which you can order, study guides, podcasts and a powerful series of real-life personal story films. Christians are being encouraged to engage in this CofE-wide process of discernment and decision-making over the next 12 months.

#### Mothers' Union #NoMore1in3

Churches in Devon are being asked to raise awareness of Domestic Abuse by taking part in the [Mothers' Union](#) #NoMore1in3 action campaign from 25 Nov – 10 Dec. We will promote resources each day on our Diocese [Facebook page](#) with a video message from Bishop Jackie on launch day. Tragically, 1 in 3 women globally experience physical or sexual abuse from a partner at some point, many throughout their lives. Men can also be victims; and children directly or indirectly, with lasting effects.

### Readings

	This week	Next week
<b>Readings for this Sunday:</b> First Reading	Ezekiel 34.11-16, 20-24	Isaiah 64.1-9
Psalm	95.1-7a	80.1-7, 16-18
Second Reading	Ephesians 1.15-23	1 Corinthians 1.3-9
Gospel	Matthew 25:31-46	Mark 13:24-37

Readings for the week ahead:		
Mon	23 <sup>rd</sup>	Luke 21:1-4
Tue	24 <sup>th</sup>	Luke 21:5-11
Wed	25 <sup>th</sup>	Luke 21.12-19
Thurs	26 <sup>th</sup>	Luke 21.20-28
Fri	27 <sup>th</sup>	Luke 21.29-33
Sat	28 <sup>th</sup>	Luke 21.34-36

They can also be viewed/downloaded from <https://bible.oremus.org/>

Rector: Rev'd Andrew Down. Tel: 01803 813403 E: [rev.andrewdown@gmail.com](mailto:rev.andrewdown@gmail.com)  
Office: Church Office, St. Andrew's Church Hall, Church Path, Ipplepen, TQ12 5RZ  
Office hours: Mon, Tues, Wed and Fri: 12 noon to 3pm. Thurs: 11am to 3pm  
Tel: 01803 814178 E: [office@beaconparishes.co.uk](mailto:office@beaconparishes.co.uk) W: [www.missioncommunity.org.uk](http://www.missioncommunity.org.uk)  
Facebook pages: [www.facebook.com/StAndrewsIpplepen/](https://www.facebook.com/StAndrewsIpplepen/)  
[www.facebook.com/denburyworship](https://www.facebook.com/denburyworship) [www.facebook.com/Broad20/](https://www.facebook.com/Broad20/)

### Today's service on line:

**10am Communion Service via 'Zoom'** for The Feast of Christ the King. If you wish to join in please email Rachel Belringer [rachelbelringer@gmail.com](mailto:rachelbelringer@gmail.com) Please go to the 'Zoom' website <https://us02web.zoom.us/> and select 'Join a meeting'. Then enter the Meeting ID and Passcode provided by Rachel.

**11am coffee and catch up via 'Zoom'**. If you wish to join in please email Rachel Belringer.

**Next Week:** Advent Sunday Service at 10am

### Church buildings remain open for individual prayer and reflection.

We provide a space to come and simply be when you need to.

9.00am to 5.00pm	Daily	- Ipplepen
9.00am to 4.00pm	Sundays & Wednesdays	- Broadhempston
10.00am to 5.00pm	Daily	- Denbury

The Church of St John the Baptist in Woodland will be closed.

### Morning Prayer via Zoom during November:

**Morning Prayer will be said at 9am Monday – Thursday** during this second Lockdown via Zoom.

If you wish to join in please email Andrew at [rev.andrewdown@gmail.com](mailto:rev.andrewdown@gmail.com)

...the hidden source is the watchful heart...

Enjoy and contemplate the beauty all around - what will catch your eye today that will sustain you?

#### Everything is Going to be All Right

by Derek Mahon

How should I not be glad to contemplate  
the clouds clearing beyond the dormer window  
and a high tide reflected on the ceiling?

There will be dying, there will be dying,  
but there is no need to go into that.

The poems flow from the hand unbidden  
and the hidden source is the watchful heart.

The sun rises in spite of everything  
and the far cities are beautiful and bright.

I lie here in a riot of sunlight  
watching the day break and the clouds flying.

Everything is going to be all right

**Sunday Sermon** This week the Archdeacon of Totnes, the Venerable Douglas Dettmer, will be preaching a message and following the Bible readings for this Sunday.

### What does the November Lockdown mean for churches?

The Government has said during the November lockdown church buildings can stay open for individual prayer and it will be possible to broadcast acts of worship and hold funeral services but not weddings or public services.



## Reflection by Tessa Amies

**Christ the King**  
**Sunday 22<sup>nd</sup> November 2020**

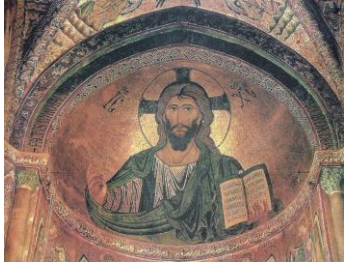


Image: Christ Pantocrator. Cefalù Cathedral, Sicily. c1130.

*The Lord is a great God  
and a great king above all gods'. Psalm 95.*

This Sunday has had many names in the past: The 25th Sunday of Trinity; the Sunday next before Advent, the 6th Sunday before Christmas and more recently.....

**'CHRIST THE KING.'**

A celebration established in 1925 by Pope Pius XI after the end of the 1st World War and the Russian Revolution. The gentle rule of Christ, the crucified King, would be more effective than war and revolution and bring peace and hope.

It's not surprising therefore that there are very few (if any) images of Christ the King in western art. No old master or new one seems to have taken the subject on. What would we expect an image of Christ the King to look like?

One possibility perhaps can be found in Byzantine art of the medieval times. The church was beginning to split into western and eastern and different traditions were developing. Called 'CHRIST PANTOCREATOR' (All Ruler) the image showed Christ holding the Gospels in one hand, while the other is raised in blessing. They were painted or worked in mosaic. They were placed in the central dome of Byzantine churches, high above the congregation and sometimes directly over the altar where Mass would be celebrated. They were large and severe (this example is relatively gentle!) and must have been quite scary for the people below. Is this an image of Christ the King?

To-day's Gospel reading comes from Matthew and is one of Jesus' last pieces of teaching. It tells of the last days of Judgement. As the farmer separates the sheep from the goats, so too will we be judged and separated into good and bad. (As a goat lover I always feel a bit sorry for the goats!). These are strong words and define Christ as Judge. This image was popular in early western art and often used in sculpture and painting.

A little later, at the beginning of the 1500s Michelangelo paints his terrific 'LAST JUDGEMENT' in the Sistine Chapel. True to form, an athletic, vigorous Christ, arm raised, storms through the crowd separating good from bad. It is a strong powerful image, is this how Christ the King could be portrayed today?

How would you show Christ the King? Maybe we could contribute - plenty of time in lockdown to think and do - an exhibition of our ideas perhaps! Christ as Judge? Christ as Creator? Christ crucified? Christ Saviour? Christ compassionate? Christ as love?..... and many others. Maybe all of these as an omnipotent Christ?

This Sunday may have had several names in the past, but it has always been known affectionately as 'Stir up Sunday'. partly referring to a good time to stir up the Christmas pud (have you done yours? I haven't... Flour, eggs, sultanas, raisins, cold tea. . . .) and partly referring to the collect which has thankfully remained almost the same over the years.

*Stir up, O Lord, the wills of your faithful people  
that they, plenteously bringing forth the fruit of good works,  
may by you be plenteously rewarded;  
through Jesus Christ our Lord.*

God Bless and Keep Safe.

Tessa Amies



Image: The Last Judgement, Michelangelo, Sistine Chapel c 1500.