

The sign of the cross

In the name of the Father and of the Son and of the Holy Spirit. Amen

The Lord's Prayer

As our Saviour taught us, so we pray

Our Father in heaven,
hallowed be your name,
your kingdom come,
your will be done,
on earth as it is in heaven.
Give us today our daily bread.
Forgive us our sins.
as we forgive those who sin against us.
Lead us not into temptation
but deliver us from evil.
For the kingdom, the power
and the glory are yours
now and for ever. Amen

Let us pray with confidence as our Saviour has taught us

Our Father who art in heaven, hallowed be thy name; thy kingdom come; thy will be done; on earth as it is in heaven. Give us today our daily bread. And forgive us our trespasses, as we forgive those who trespass, against us. And lead us not into temptation; but deliver us from evil. For thine is the kingdom, the power and the glory, for ever and ever. Amen

Gloria Patri

Glory to the Father and to the Son and to the Holy Spirit: as it was in the beginning is now and shall be for ever. Amen

The Jesus Prayer

Lord Jesus Christ, Son of the living God, have mercy on me a sinner.